

Classes and special events spotlight

Medicare 101

Please call for dates

RSVP

Cooking Demonstration

April 1, May 5, June 2

11:30 a.m.-1 p.m.

Join us once a month for fast, easy, low cost, one pot, one pan meals. **RSVP required.**

Medicare 101 Spanish

Please call for dates

Are you eligible for Medicare or will be soon?

Join us for an overview of your Medicare choices.

RSVP to **1-702-677-3055**, TTY **711**.

Medicare Advantage Plan Seminar

Please call for dates

RSVP

AARP Public Benefits for Older Adults

May 7, 12-1 p.m.

Medicare Advantage Plan Seminar Spanish

Please call for dates

Scam Awareness

April 2, 12-1 p.m.

Still have Medicare questions? A licensed sales agent will give more information. They'll also help with applications.

RSVP to **1-702-677-3055**, TTY **711**.

Network is working to empower you in the fight, with proven resources and tools to help you spot and avoid identity theft and fraud. By taking a few practical steps, you have the power to fight against fraud.

Self Defense

June 14, 12-1 p.m.

Come and socialize with us in these classes

Beading

3rd and 4th Tuesday

10 a.m.-12 p.m.

Community Support

Thursdays, 1-2 p.m.

Bingo

May 14, June 11; 12-1 p.m.

Games

Daily, 8 a.m.-3:30 p.m.

Birthday Celebration

May 14, June 11; 12-1 p.m.

Intro: to Beading (RSVP)

2nd and 3rd Thursdays

10 a.m.-12 p.m.

Bridge

Mondays and Thursdays

11 a.m.-3:30 p.m.

Knitting

Mondays, Wednesdays

and Fridays

Technology 1:1

April 1, May 6, June 3

12:30-1:30 p.m.

Technology Group

April 15, May 20, June 17

2:30-3:30 p.m.

Optum

Optum Community Center - West

8670 W. Cheyenne Ave., Ste. 105

Las Vegas, NV 89129

Optum Community Center - West

Address:

Optum Community Center

8670 W. Cheyenne Ave., Ste. 105

Las Vegas, NV 89129

Hours:

Monday-Friday: 8 a.m.-4 p.m.

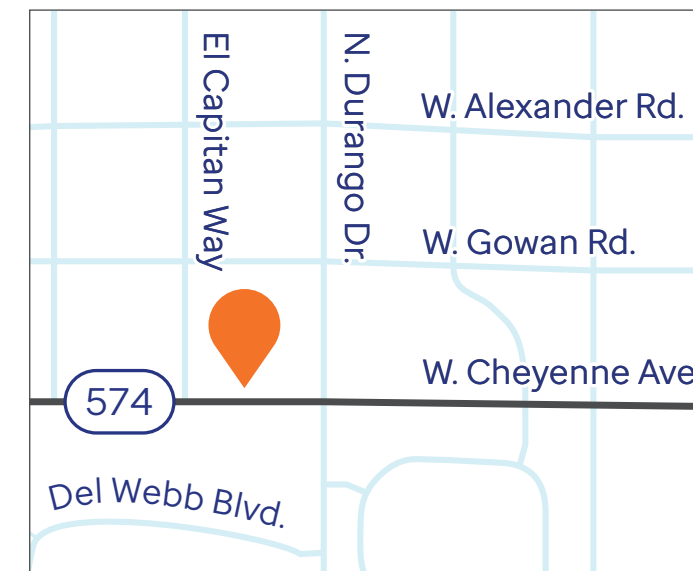
Saturday and Sunday: closed

Contact:

1-702-677-3055, TTY 711

optumnv.com/community-centers

In case of a medical emergency, please dial 911.



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West

Optum Community Center activity calendar

April-June 2025

Stay active, be healthy and build relationships
in a place where you belong.



It's the new year. Schedule your annual wellness visit. You could get a \$50 gift card for completing this important screening.

Call **1-702-750-3425**, TTY **711**, to make an appointment.

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